

We are all seeds on a journey			Guest Speakers	Topic
Portal (Part)	Gate (Section)	Pathway (Chapter)		
.: 1 :. The Roots	Foundational Awareness	History of Plant Medicine		
		How to Decolonize (Your Mind AND Your Offerings)		
		Indigenous Roots		
		Honoring the Land		
		Building a Relationship with Earth Medicine		
	Establishing a Safe and Sacred Container	Journey Space Set Up (Set and Setting)		
		Tools + Beneficial Items		
		Accessible Spaces		
		Outdoor Journies		
.: 2 :. The Soil + Water	The Importance of Community	Following Elders in the Space: Important People to Know		
		What Community do WE Come From?		
		Who is Worthy to Heal with Earth Medicine?		
		Acting as a Loving Member of the Earth Medicine Community.		
	Setting Up Boundaries	Intake Forms + Waivers		
		Non-Disclosure Agreements		
		Legal and Medical Disclaimers		
		Is my offer legal?		
		Establishing a Relationship		
	Traumas + Triggers	Safety and Protocols		
		What to Do When Traumas/ Violence/ Erratic Behavior Come Up?		
		Being Sexual Assault Informed		
		Trauma Release		
	Emotional Safety	The Importance of Righteous Detachment (I am Not the Healer)		
.: 3 :. The Trunk	Positive Power Dynamics	When To Hand Off Clients to Other Facilitators (Cofacilitating)		
		Setting Up Business with Integrity (Values Matter)		
		Being a Sacred Servant		
	Political Activism			
		Our Role in the Movement		
		Recognizing Privilage and Using our Privilage for Good		
		It's Time to Take a Stand for the Planet		

	Self Worth	When Ceremonies Go Awry/ Do Not Achieve Outcomes Maintaining the Light Despite Obstacles		
	Honoring the Body	Dietas and Physical Well Being		
..: 4 .. The Heart	Following Divine Law	The 42 Law of Ma'at Psychedelic Ethics 9 Cup Ceremony		
	Prana	Breathing and Life force Energy (pranayama)		
	Medicine In The Air	Sacred Smokes Incenses Incorporating Tobacco		
	Making Medicine (Preperations)	How to Make Microdoses How to Make Mushroom Tea How to Make Cacao Medicines Beneficial Herbal Allies that Combine Well with Medicines		
..: 5 .. The Limbs	The Role of Sound in Medicine Healing	Sound Frequency (list and guide - tones) Reaching Octives/ Vibrations Sound Healing Tools and Instruments		
	Songs and Prayers	Traditional Instruments Prayers Medicine Songs		
	Using Our Voice	Journal Prompts to Share with People for Integration Writing as Medicine The Power of Language		
..: 6 .. The Leaves	The Role of Sight in Medicine Healing	Blindfold or No Blindfold? Arts and Visions Color Therapy		

	Sharing Medicine	Cultivation + Local Sharing		
	Entities	Seeing beings/ guides/ spirits		
		Ancestor Spirits		
	Addiction and Psychedelics	Sobriety and Earth Medicine		
		Addressing Addiction		
		Sitters who Journey, How to Stay Clear		
.. 7 .. The Space Between: Ether	Working Directly with Guides	Offerings to Higher Powers		
		Ancestors and Star Beings		
		High Dose Journeys		
	The Four I's	Invitation		
		Intake		
		In Session		
		Integration		
	Earth Ascension - the Ultimate Goal of Our Mission	Bringing up the Frequency of Earth		